


# A la Carte Menu

**PREGO**  
Italian *Café Bar* & Restaurant

Available: Monday – Friday 12pm – 2pm & 5pm -10pm, Saturday 12pm – 10pm & Sunday 12pm – 8pm

Dishes with this logo  are included in the Early Bird offer  
2 Courses for £13.95, Choose 1 Starter & 1 Main

Available during the festive season at the following times; **(Festive Season; 30<sup>th</sup> November – 23<sup>rd</sup> December 2018)**  
Monday - Friday 12pm -2pm, Saturday 12pm-5pm & Sunday 12pm-8pm (Not available Christmas Eve or Boxing Day)


## Pane E Focaccie

Breads and Pizza Breads

<b>Homemade Garlic Aioli Dip (v)</b>	<b>£1.00</b>
<b>Homemade Pesto (n)</b>	<b>£1.50</b>
<b>Pane Con Burro (v)</b> Homemade bread and butter	<b>£1.50</b>
<b>Olives (v) (VE)</b>	<b>£2.00</b>
<b>Pane Del Giorno (v) (VE)</b> Homemade mixed breads for the table with olive oil and balsamic vinegar <b>Gluten free bread available on request</b>	<b>£3.50</b>
<b>Focaccia Al'Aglio (v) (VE)</b> Homemade garlic pizza bread	<b>£5.50</b>
<b>Focaccia Rosmarino (v) (VE)</b> Homemade pizza bread with garlic, rosemary and rock salt	<b>£5.50</b>
<b>Focaccia Al Pomodoro E Aglio (v) (VE)</b> Homemade garlic pizza bread with tomato, olive oil & basil	<b>£6.00</b>
<b>Focaccia Al Formaggio E Aglio (v)</b> Homemade garlic pizza bread with a little mozzarella cheese	<b>£6.50</b>
<b>Pane Grigliato, Pepperoni E Melanzane (VE) (v)</b> Grilled flat breads with peperonata and roast aubergine & mint dips	<b>£4.50</b>

## Bruschetta & Antipasti

Bruschetta & Sharing Platters

**Bruschetta Al Pomodoro (v) (VE) £6.50**   
Homemade toasted bread, with diced plum and cherry tomatoes, garlic & olive oil

**Bruschetta Con Prosciutto E Mozzarella (n) £7.75**  
Homemade toasted bread with Parma ham, mozzarella, cherry tomatoes, homemade pesto & rocket leaves

*Assortment of the above  
Bruschetta*

**Duo of Bruschetta £7.00** Two slices  
**Bruschetta Sharing Platter £13.50** Four slices

**Antipasto Misto (n) (GF)**  
**Individual £9.50, Sharing for 2 people £17.50**  
Mixed Italian cured meats, rocket salad, parmesan shavings, olives, marinated roast peppers & homemade pesto


**Gluten free & wholemeal pasta available on request**

Food allergen information is available on request, please ask your server.  
A 10% optional service charge will be added to parties of 6 or more.  
Whilst we make every effort to serve you with speed and efficiency, at busy times delays are inevitable. We thank you for your understanding.

(v) Vegetarian (n) Contains Nuts (GF) Gluten Free (VE) Vegan

## Primi Piatti

Starters

**Minestrone Con Ditalini (v)**  
**(GF on request) £5.50**   
Traditional diced vegetable and pasta soup

**Zuppa Del Giorno**  
**(GF on request) £5.50**   
Homemade soup of the day

**Pasticcio Di Pollo**  
**(GF on request) £6.95**   
Homemade chicken liver pâté with toasted homemade bread & pear chutney

**Tortina Di Pesce Misto £7.55**   
Salmon & potato fishcake served with mixed leaves & lemon mayo

**Funghetti Saltati Con Aglio E Crema (v) (GF) £7.20**   
Mixed mushrooms sautéed with garlic & cream

**Calamari Fritti £7.95**   
Crispy fried calamari served with a homemade garlic aioli dip

**Gamberoni Tempura £9.95**  
Tempura battered king prawns with a sweet chilli dipping sauce

**Coste Di Maiale £8.15**   
Slow cooked pork ribs in an oriental BBQ sauce

## Insalata

Starter and Main Salads

**Insalata Con Formaggio Di Capra (n)** **Starter £8.25 / Main £12.95**  
Warm goats' cheese crostini on a salad of mixed leaves, Parma ham, dried figs, beetroot, balsamic dressing and crushed pistachios


**Caprese Di Buffalo (v) (n) (GF)** **Starter £8.25 / Main £12.95**  
Sliced tomatoes & buffalo mozzarella with wild rocket and a homemade pesto dressing

**Insalata Di Pollo Alla Cesare**  **Starter £8.25 / Main £12.95**  
Chicken breast & crispy bacon, tossed with cherry tomatoes, croutons & baby gem lettuce, with a Caesar dressing & parmesan shavings

**Insalata Di Salmone (GF)** **Starter £8.95 / Main £13.95**  
Flakes of grilled salmon, new potatoes, anchovies and green beans bound in a light lemon mayonnaise with capers and spring onions


## Paste

Pasta

**Penne Al Pomodoro Fresco E Basilico (v) (VE) £8.95**  
Penne pasta with a tomato sauce, extra virgin olive oil, basil & garlic (Chilli may be added to make a spicy Arrabbiata sauce) 

**Penne Caprino £11.95 NEW**  
Penne pasta with mixed roast peppers, cream, garlic and goats' cheese

**Lasagne Al Forno £9.50**   
Traditional oven baked lasagne

**Spaghetti Alla Bolognese £9.20**   
Spaghetti pasta with Bolognese sauce

**Linguine Al Salmone £13.95**  
Linguine pasta with fresh grilled salmon, chilli, garlic, fresh tomatoes & baby prawns


**Fettuccine Pollo E Pesto (n) £10.95**  
Fettuccine pasta with chicken, mushrooms, garlic, pesto and a touch of cream

**Agrolotti D'Astice £12.95**   
Egg pasta filled with **£2 Supplement** lobster & ricotta in an asparagus and baby prawn cream sauce

**Linguine Ai Frutti Di Mare £12.95**  **£2 Supplement**  
Linguine pasta baby calamari, mussels, baby prawns & cherry tomatoes cooked with olive oil, garlic, chilli and a touch of tomato sauce

**Fettuccine Fattore £10.95**   
Fettuccine pasta with chicken, mushrooms, onions, garlic, tomato sauce and a touch of cream

**Linguine Al Granchio E Gamberoni £13.95**  **£2 Supplement**  
Linguine pasta tossed with a sauce of crab meat, king prawns, baby prawns & garlic in a light white wine, tomato & cream sauce

**Spaghetti Carbonara £9.20**   
Spaghetti pasta tossed with smoked Italian pancetta, cream, egg yolk, parmesan and black pepper

**Gnocchi Di Patate (v) (VE) (n) £9.50**  
Potato gnocchi tossed with butternut squash purée, sautéed spinach, almonds & sage

## Pizze

### Pizza

**Pizza Margherita (v) £8.95**  
Tomato base & mozzarella

**Pizza Pepperoni (Hot & Spicy) £9.95**  
Tomato base, mozzarella, spicy pepperoni & hot jalapeno peppers

**Pizza Lidia £11.55**  
Tomato base, mozzarella, Italian cured meats, parmesan shavings, cherry tomatoes & wild rocket

**Pizza Ai Salumi Misti £10.55**  
Tomato base, mozzarella, mixed salami, pepperoni & chorizo

**Pizza Tropicana £9.95**  
Tomato base, mozzarella, ham and pineapple

**Pizza Dolcelatte £10.55**  
Tomato base with mozzarella & dolcelatte cheese, pancetta and mushrooms

**Additional pizza toppings  
£1.00 each**

**Pizza Con Verdure E Patate NEW (v) (VE) £9.95**  
Tomato base, caramelised white onion, sliced new potato, capers, olives & oregano

**Pizza Peppiniello (v) (n) £10.55**  
Tomato base, goats' cheese, caramelised red onion, spinach & pine nuts drizzled with a balsamic glaze

**Pizza Prosciutto E Funghi £9.95**  
Tomato base, mozzarella, roast ham & mushrooms

**Pizza Napoli (v) £9.95 NEW**  
Tomato base, buffalo mozzarella, capers, anchovies and oregano

## Calzone

**Calzone Classico (Folded Pizza) £10.95** **£1 Supplement**  
Filled with roast ham, tomato, mozzarella & mushrooms

**Calzone Kiev (Folded Pizza) £10.95**  
Filled with spinach, mozzarella, chicken & garlic **£1 Supplement**

## Secondi

### Mains

**Patate Dolci E Broccoli (v) (n) (GF) £11.95**  
Sweet potatoes with tender stem broccoli, chilli, pine kernels, goats' cheese, honey and balsamic reduction

**Pollo Crema E Funghi (GF) £14.95**  
Pan cooked chicken supreme in a creamy mixed mushroom sauce with sautéed potatoes **£2 Supplement**

**Pollo Diavola Alla Prego £15.95**  
Pan cooked chicken breast with spicy N'duja sausage, roasted peppers, thyme & marsala wine served with sautéed potatoes

**Pollo Sallimbocca Alla Romana (GF) £14.95**  
Pan fried skinless and boneless chicken thighs, topped with sage and Parma ham, finished in a white wine and butter sauce served with mashed potatoes

**Cosciette Di Pollo Al Burro (GF) £14.50**  
Chargrilled chicken thighs, skinless & boneless, marinated in olive oil, garlic & chilli with spring onion mashed potato and a white wine butter sauce

**Prego Burger £10.95**  
Prego house beef burger, pancetta, cheddar cheese, tomato, baby gem lettuce, BBQ sauce and mayonnaise served in a brioche bun with onion rings and chips

**Branzino Alla Sarda (GF) £14.95**  
Seabass fillet, pan fried with cherry tomatoes, garlic and olive oil served with sautéed new potatoes **£2 Supplement**

**Carre D'Agnello £19.95**  
Herb crusted rack of lamb cutlets with sautéed peas, pancetta, spinach and a red wine jus

**Steak Frites (GF) £21.95**  
9oz Rib eye steak grilled & served with a dressed mixed salad & chips

**Rossini Alla Prego £23.95**  
Pan fried 8oz beef fillet steak, on toasted crostini, topped with homemade chicken liver pate & portobello mushroom with madeira wine sauce.

## Grigliati

### Grilled Meats and Chicken

**Petto Di Pollo Alla Griglia (GF) £12.50**  
Chicken breast

**Cosciette Di Pollo Alla Griglia (GF) £11.95**  
Chargrilled chicken thighs, skinless & boneless, marinated in olive oil, garlic & chilli

**Bistecca Alla Griglia (GF) £17.95**  
9oz Rib eye steak

**Filetto Alla Griglia (GF) £21.95**  
8oz Fillet steak

**Cotolette D'Agnello (GF) £17.95**  
Lamb cutlets  
Served with a grilled plum tomato & portobello mushroom

### Grilled Fish

**Filetto Di Salmone Alla Griglia (GF) £12.50**  
Grilled salmon fillet

**Filetto Di Branzino Alla Griglia (GF) £12.95**  
Grilled seabass fillet

Served with a rocket, parmesan & cherry tomato salad

**Add two grilled king prawns £5.00**

## Steak sauces

**Individual Sauces, Choose from: £2.50**

Brandy & peppercorn | Madeira wine | Mixed mushroom & cream | Cherry tomato, garlic, basil and olive oil

## Contorni

### Side Dishes

**Zucchini Fritti (v) £3.50**  
Lightly floured fried courgettes

**Chips (v) (GF) £2.95**

**Sweet Potato Fries (v) £2.95**

**Wilted, Buttered Spinach (v) £3.50**

**Patate Saltate (v) £3.50**  
Sautéed new potatoes with olive oil, rosemary & garlic

**Creamy Mashed Potatoes (v) £2.95**

**Seasonal Vegetables (v) (VE) (GF) £3.50**

**Mixed Salad (v) (GF) £2.95**  
With house dressing

**Rocket Leaf Salad (GF) £3.50**  
With parmesan shavings, cherry tomatoes and a balsamic vinegar dressing

**Green Beans and Mange Tout (v) (GF) £3.95**  
With sesame seeds, chilli & garlic

**Piselli Spinaci Con Cipolla E Pancetta £3.95**  
Peas sautéed with onion, spinach and pancetta

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## Private Parties at Prego

Receive complimentary room hire when catering for 40+ guests in our function suite.  
Subject to availability.  
Contact our events team for more information

## Children's Menu

Suitable for children up to 12 years  
**1 course £5.00**  
**2 courses £7.00**  
**3 courses £9.00**

## Prego Play

**12pm - 6pm Every Sunday**  
Face painting, arts & crafts, games and more  
**Plus, Santa on 2<sup>nd</sup>, 9<sup>th</sup> & 16<sup>th</sup> December**  
from 1-2pm & 4-5pm

**01484 715566**

[www.prego-restaurant.co.uk](http://www.prego-restaurant.co.uk)

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